***Reflection on an Interprofessional Learning Activity***

***REFLECTION ACTIVITY***

# IPE Learning Stage: ** Exposure** x Immersion **** Integration

# Overview: Learners have a variety of opportunities to learn with, from and about colleagues from other professions during a range of interprofessional educational (IPE) events. This activity sheet with guide learners through a structured reflection about one of the IPE learning experiences.

# Learning Objectives

# Develop a different understanding of issues of common concern for a range of health care providers

# Understand the roles of other health and human service providers and the contributions they make to the health care team

# Activity Description

1. Choose an IPE learning activity to reflect on. This may be participation or observation of a simulated IPE event, observation of a multi-disciplinary team interaction, or a direct experience with other disciplines in a practice setting. The learning activity should include:
   1. Two or more professions
   2. Interactivity between participants
   3. Opportunities to learn about, from and with one another
   4. Interprofessional teaching/learning moments that are discussed/addressed
2. The learner should review the learning objectives above and the reflective questions below with their assigned faculty member or preceptor.
   1. The pre- and post-session questions are a suggested guide and may be modified.
3. Prior to engaging in the IPE learning activity, the learner should record their pre-session reflections and share these with their faculty member or preceptor.

**Pre-Session Reflective Questions**

* What is the purpose of the IPE learning activity?
* What do you hope to learn through participating in the learning activity?
  + About the topic?
  + About the team/other health professionals?
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  + About the team/other health professionals?

1. After completing the IPE learning activity, learners will write a one-page written reflection using the reflection questions as a guide.

**Reflection Questions**

* Who was involved? (e.g., team members, other health care staff, community members?)
* What was the value of learning with other professionals? What were the benefits of a challenges to learning together in this experience
* What did you learn about your professional role and the role of others in the context of the session?
* What could have been different during the session to enable additional interprofessional learning about, from and with each other?
* What behavior or activities were displayed by team members to demonstrate the four IPE competencies? \* (if applicable)
* How will you apply what you learned today in your future professional role?

***NOTE:*** *Please refer to the* [*IPEC Guide*](https://ipec.memberclicks.net/assets/2016-Update.pdf) *for information on the four IPE competencies.*

**Application to Micro-credential:**

* Completion of this activity is one of several activities required for a digital badge in Interprofessional Collaborative Practice - Communication & Teamwork.

# IPE Core Competencies Addressed:

# 1. Teams & Teamwork

# 2. Interprofessional communication

# 3. Values & Ethics

# 4. Roles & Responsibilities

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**Expected Time to Completion**: two hours, including the pre-session reflection.

**Evaluation**: Your feedback for the reflection activity is welcome and will be used for ongoing quality improvement of IPE learning activities. Please evaluate the content and format of the reflective learning activity and upload your reflection results into the following survey: [**https://forms.office.com/r/tF9pMLiuxv**](https://forms.office.com/r/tF9pMLiuxv)

Student Survey Instructions: **(Select “Reflection/Observation Activity” for question #6, “None of the above” for question #7 and “Student Reflection Activity” for question #8. Upload your reflection results to our Dropbox for section #11).**